

#### | Team Playing |

# **EMPATHY**

Building strong personal bonds; being sympathetic to others' needs and concerns; being generous and kind; attending to the wellbeing of others; showing a genuine interest in people.

#### Read, watch, and listen to these resources from a variety of experts to learn more about how to leverage this behavior:

#### Why Highly Efficient Leaders Fail | Harvard Business Review

As a leader, if you are entirely task-focused, you may be ignoring things like building relationships, inspiring a team, developing others, and showing empathy with co-workers. If you don't balance the two, it could derail your career. This article gives examples of why both are important and how to develop the people side of your job.

#### Building Good Relationships at Work: How to Do It and Why They're Important | Indeed

Strong relationships at work are important to success. In fact, you'll see an increase in productivity and job satisfaction. This article explains why they are important and provides tips on how to build positive relationships.

#### Four Ways to Build Stronger Workplace Relationships | Forbes.com

This article gives four ways to build stronger relationships at work.

#### The Importance of Empathy in the Workplace | Center for Creative Leadership

Organizations need to employ leaders who can move their strategies forward. One of the critical leadership competencies is empathy. This article explains why empathy is important at work and gives ways to improve empathy.

#### Rules, Yes—but Use Compassion and Common Sense | The Ken Blanchard Companies

This article provides insights on how to use empathy when confronted with a rule or policy.

#### 8 Ways to Build Workplace Relationships | Indeed

This article defines workplace relationships, shares elements of good workplace relationships, and offers eight ways to build relationships.

#### How to Build Good Working Relationships | Indeed

This article defines a working relationship, gives what it is important to have positive working relationships, and provides steps on how to build and maintain working relationships.

#### Empathy in the Workplace: A Tool for Effective Leadership | Center for Creative Leadership

Research by the Center for Creative Leadership found that when leaders had the ability to understand what others are feeling makes them more effective. This white paper presents how empathy connects with performance, defines workplace empathy, and shares what qualities make up empathy at work.



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# EMPATHY

## Why Is Empathy Important in the Workplace? (And Steps to Improve Yours) | Indeed

This article defines empathy, shares the benefits of empathy at work, and provides ways you can improve empathetic skills in the workplace.

### **Six Habits of Highly Empathetic People** | Greater Good Magazine (published by UC Berkeley)

Empathy is a habit we can cultivate throughout our lives. Based on 10 years of research on empathetic personalities, we've identified six habits of highly empathetic people.