

# ENERGY VS. AGE

**ENERGY PATTERNS**  
DIFFER BETWEEN GENERATIONS

BE MINDFUL OF STEREOTYPES



with TRICIA NADDAFF



AS TIME GOES ON, WE STILL REACT TO THE THINGS THAT AFFECTED US IN THE PAST



**SELF-HEIGHTEN YOUR AWARENESS**



**GENERATIONS: A CLUNKY WAY OF CATEGORIZING PEOPLE**

MAKE SPACE FOR DISCOMFORT & DIVERSITY

DON'T FORGET that PEOPLE are PEOPLE



WHAT STORIES about OTHER GENERATIONS DO WE TELL

**SOCIAL RIGHTS**



SPACE TRAVEL



2-INCOMES  
MORE DIVORCE  
KIDS MORE INVOLVED

EVERY GENERATION has DISRUPTED the WAY WE WORK!