



Go with the FLOW!



YOU NEED to BE a HIGH PERFORMER to LEAD HIGH PERFORMERS

MENTALLY TOUGH

IN THE WORKPLACE



GRRRR!

VOLATILE
UNCERTAIN
COMPLEX
AMBIGUOUS

REMEMBER your WHY

IT IS WHAT IT IS. NOT WHAT IT SHOULD BE.

PRESSURE IS ALL ABOUT PERSPECTIVE

& IT CAN PROPEL you to HIGHER HIEGHTS



WORK WITH IT!

TRAIN YOUR BRAIN



LITTLE WINS BECOME BIG WINS

WHAT'S YOUR WHY

CULTIVATING A CHAMPION MINDSET

JEAN FRANÇOIS MENARD

RESILIENCE CREATES CONFIDENCE

NOTHING TOO SMALL

HOW DO YOU FEED your FIRE



CELEBRATE LITTLE WINS



COMPLAINING is like a ROCKING CHAIR - IT gives you SOMETHING to DO BUT YOU DON'T GET ANYWHERE!



FIST PUMP

YES!



RE-ROUTING



MINDSET: BE SOLUTIONS ORIENTED



THE "LEAF" WILL FALL... BE READY for IT!